

Appleton East 2011 Summer Boys' Basketball Camp

June 13-16

***Session I 8:30-11:00 AM
For boys entering grades 4-6
\$40***

***Session II 12:30-3:00 PM
For boys entering grades 7-9
\$40***

Site - Appleton East High School

***Coaching - Appleton East High
School Boys Basketball Staff***

Coach Mielke has 29 years of coaching experience at the high school level. Twenty-two of these years have been spent as a head coach. Coach Mielke spent eight seasons (1991-99) as the head coach in Antigo, WI. He won two conference championships in the tough Wisconsin Valley Conference and guided a third Antigo team down to the state tournament. The past eleven seasons Coach Mielke has served as the head coach at Appleton East High School where he has guided the Patriots to 5 sectional births,, two state tournament semifinals appearances, and one FVA conference championship. He has been named the FVA Coach of the Year twice since arriving at East. His over-all career record as a head coach is 301-180.

Since coming to Appleton East, Coach Mielke and staff, have combined efforts with a tremendous group of community volunteers to establish the Appleton East Youth Basketball Association (AEYBA). This organization provides boys and girls in grades 4-8 an opportunity to learn and play the game of basketball in a structured, competitive environment that develops player skills at an accelerated pace.

“Our AEYBA youth teams have experienced success at all levels over the past ten seasons. This is a credit to the dedication and work ethic of the AEYBA coaches, volunteers, and players. There is always a work price to pay for success. Complacency is a disease that never takes hold in successful programs. I hope to see as many of our AEYBA players, and other players thinking about joining the AEYBA, at our camps as possible. Through instruction, drill repetition, commitment, and competition we can build a consistently strong and competitive basketball program on the south-east side of Appleton.”

Coach Mielke

There will be a second basketball camp held at Appleton East High School this summer from June 27 through July 1st. This camp is called the Hoosier Camp and is open to both boys and girls entering grades 4-12. Players entering grades 4-8 would attend the afternoon session from 1:00-4:30 PM, while players entering grades 9-12 would attend the morning session from 8:30 AM—noon. Brochures are available at Johnston, McKinley, Janet Berry, Horizons, Foster, and Richmond Elementary schools, and at Madison Middle and Appleton East High Schools. Brochures can also be obtained from the following website aeyba.com.

The Hoosier Camp is run by Coach Woody Wilson who has 40 plus years of coaching experience at the high school and college levels. Woody was a long-time head high school coach at Sparta, WI. He also spent 17 years as an assistant coach at the University of Evansville and UW-Green Bay under Dick Bennett and Mike Heideman. Woody is a member of the Wisconsin Basketball Coach's Association Hall of Fame. He has been directing basketball camps for the past 25 years. Brochures can be obtained at the following website www.hsbballwilson.com. or at any of the Appleton East feeder schools.

Players can attend both the East Camp and the Hoosier Camp for a total cost of \$110. Both brochure applications will have to be filled out and sent to Coach Mielke. One check (made out to Coach Mielke-East Camp) can be made out for both camps. The applications and check can then be sent to Coach Mielke at Appleton East High School, 2121 Emmers Drive, Appleton, WI 54915.

If you have any questions or need brochures for either camp please feel free to contact Coach Mielke at 920-832-2988, or E-mail him at mielkejohn@aasd.k12.wi.us

Listed below are the topics to be covered in the East Camp. The roman numerals before the topic indicate which sessions will cover each topic.

- I,II,III **Starting block position**
- I,II,III **Offensive moves off the catch**
 - step dribble
 - sweep step dribble
 - jab-lift step dribble
 - jab-lift sweep step dribble
- I,II,III **Offensive moves off the dribble**
 - right step dribble
 - right step cross
 - left step/right step dribble
 - left step/right step cross
 - attack retreat II and III only
 - pop back to attack II and III only
- I,II,III **Pivot moves in the post—no dribble**
 - middle step
 - sweep step
 - spin step
- I,II,III **Post moves utilizing one dribble**
 - middle step dribble
 - sweep step dribble
 - drop step
 - bait and hook moves II and III only
 - front and reverse pivots to the check position
- I,II,III **Pivot and sweep technique when passing**
- I,II,III **Chest, bounce, skip pass technique**
- I,II,III **Footwork off the catch to get to starting block**
- I,II,III **Stationary ball-handling drills**
- I,II,III **Movement ball-handling drills**
- I,II,III **Shooting technique/drills out of starting block**
- I,II,III **Shooting footwork off the dribble**
- I,II,III **Turning the corner off the dribble**

- I,II,III **One on one games from the perimeter**
- I,II,III **One on one games out of the post**
- I,II,III **One on one games off the catch**
- I,II,III **Advantage basketball decision-making**
 - 2 on 1, 3 on 2, 4 on 1, 4 on 2, 4 on 3
- I,II,III **2 on 2 basketball—spacing**
 - players on opposite sides of court - drift pass
 - players on the same side of the court—clock action
- II,III **Passing technique to a cutter**
- II,III **Power slides to root out the defense at the basket**
- II,III **2 on 2 penetration and kick reads**
- II,III **2 on 2 on-ball screen and roll technique**
- II,III **3 on 3 spacing**
 - clock and drift action
 - passer relocation on a post feed
 - shallow cut action
- II,III **No dribble spin technique off the dribble**
- II,III **Cutting techniques - speed and two-line**
- III **Setting and utilizing screens**
 - curl, flare, down, cross, UCLA, shuffle, flex screens
 - curl, straight, flare, back cuts
- III **Post positioning to receive a pass**
- III **Transition offense decision-making**
- III **The East 5 open offense**
- III **3 on 3 motion concepts with screening**

Players that show mastery of a skill will be quickly moved to a new skill they have not mastered. Players that do not show mastery of a skill will spend enough time on the skill to understand the skill in order to facilitate their ability to work on the skill outside of camp.

Make Check Payable to Coach Mielke—East Camp June 13-16 Appleton East High School (Please register by June 11th)
 Mail to: John Mielke

Appleton East High School
 2121 Emmer Drive
 Appleton, WI 54915

Participant's Name _____ Address _____ City _____ State _____ Zip _____
 Phone _____ School Attending in Fall _____ Grade Entering in Fall _____ T Shirt Size S M L XL XXL
 Emergency Contact Person _____ Phone Number _____

Please check the appropriate session
 Session I Boys entering grades 4-6 8:30-11:00 AM \$40
 Session II Boys entering grades 7-9 12:30-3:00 PM \$40
 Both the East Camp(Session I or II) and Hoosier Camp \$110 Check made out to Coach Mielke-East Camp

The parent/guardian acknowledges and understands that participation in the camp involves certain risks, both known and unknown, which could cause injury to the participant. By signing this document the parent/guardian agrees to assume all responsibility and risk for any harm, physical injury, illness, death, or damages to the participant from any participation in this camp. In consideration of the participant being permitted to participate in the camp, the parent/guardian agrees not to sue and forever releases the Appleton Area School District and the East Camp workers from responsibility for any injury, illness, death, or damage to the participant while participating in this camp. In signing this document the parent/guardian will have no right to file a lawsuit against the released parties even if the released parties negligently cause participant injury, death, illness, or property damage. In the event of an emergency, the parent/guardian grants permission to East Camp personnel to administer first aid and/or to obtain emergency medical treatment for the participant. The parent/guardian agrees to pay all expenses incurred due to an emergency involving the participant in conjunction with the camp. The parent/guardian has read this document, fully understands it, and agrees to be legally bound by its terms. Parent/Guardian Signature _____